

October 16, 2018



## President's Report

Hello Rotarians and Friends of Rotary

Last week's meeting would have to go down as one of my favourites for the year. I think we had around 40 people in attendance, members, partners and special guests and all wore a hat to lift the lid on mental health. Our fearless guest speaker, Hollie Drake-Brockman is not a public speaker, but you could have heard a pin drop as she spoke from the heart of the challenges of living with anxiety.

Her description of how anxiety grabs you and freezes you was chilling and for the first time for me brought the condition to something that I could now come close to understanding how terrifying it must be to experience in its extreme.

ZZ Totz, her company is an example of social entrepreneurship; that is, the use of a start-up company to develop, fund and implement solutions to social, cultural, or environmental issues. In Hollie's case her puppets are a battery free fun activity that can take them to far away places where *"fairy floss clouds rain raspberries, and rocket ships are powered by broccoli. Where teddy bears come alive while you sleep and friendly dragons ride unicycles."*

I hope you were inspired by her story. Most of us will know someone who suffers in one way or another with mental health challenges and it is heart warming to know that our hard work and effort raising funds can go a little way towards helping causes like Australian Rotary Health, one of the largest independent funders of mental health research within Australia.

Rosemary Freeman from the Rotary Club of Moreland on behalf of Australian Rotary Health, participated in the night and received a cheque for \$2000 from our club towards researching mental health. It was also great to meet and welcome Katie Wilford our RYLA candidate for 2018 .

This week, our speaker, Peter Cullen A.M. continues the theme for the month and will talk to us about the cycle of disadvantage, responding, rebuilding and reconnecting individuals with their community. Peter is the Founder and National Development Manager of Reclink Australia. Come along and hear Peter's uplifting story of 25 years or more and how sport and the arts (not just footy) are breaking the cycle of disadvantage.

Remember, any one needing a lift to the meeting, or just wanting to talk, raise an issue or discuss an idea, please reach out to me either on 0408 346 175 or [kerry.kirk9@gmail.com](mailto:kerry.kirk9@gmail.com) if you prefer. My mind and door will always be open.

Yours in Rotary, Kerry Kirk President.

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### Meeting No 2106 October 16 2018

Guest Speaker – Peter Cullen  
Peter is the Founder and National Development, Reclink Australia

Grace – Merv Minett  
Chairperson – Paul Craig  
International Toast – David Allan  
Response – Janine Reinking

### Meeting No 2107 October 23 2018

Guest Speaker – Ben Stanford - SES  
Grace – Joe Scordia  
Chairperson – Rob Rindzevicius  
International Toast – Sheila Smith  
Response – Hans VanDyck

For upcoming events go to Calendar at  
<http://www.rotaryclubsunbury.org.au>

# The Rotasun

## International Toast

Each week the Rotary Club of Sunbury Toasts an International Rotary Club.

This week we toast the Rotary Club of Guam Sunrise District 2750, Guam.

The club was chartered on 28-May-1997 and currently has 18 members.

The President for this year is Barbara Leon Guerrero

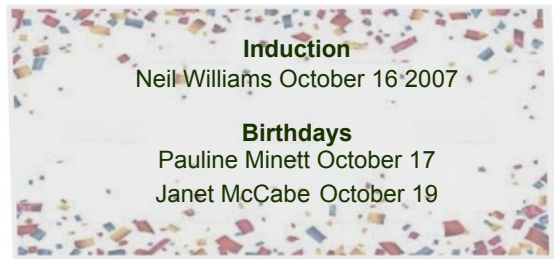
The club meets on Tuesdays at 7:00am, the venue is Fiesta Resort Guam, World Cafe, 801 Pale San Vitores Rd., Tumon Bay, 96913, Guam

Ladies and Gentlemen please be upstanding as we toast the Rotary Club of Guam Sunrise.

Their Website: <http://www.rcguamsunrise.org/>



## Announcements



## EVERY ROTARIAN EVERY YEAR

EREY contributions can be made to the Clubs Fundraising account (see details below). Note please add EREY and your surname in the accounts payment reference field.

Name: Rotary Club of Sunbury Fundraising Account, BSB 633 000, Account Number 135510907  
Ref: EREYJSmith(note don't forget to replace JSmith with your Initial and surname)



### PROJECT CORNER—THIS YEAR OUR CLUB HAS SUPPORTED PROJECTS INCL



We are on the web  
[www.sunburyrotaryclub.org.au](http://www.sunburyrotaryclub.org.au)

# The Rotasun

## Some Upcoming Events

Tuesday the 23<sup>rd</sup> of October  
Guest Speaker is Ben Stanford  
Ben is the controller of our local State  
Emergency Service (SES) Unit.

Sunday the 18th of November  
Foundation Afternoon at the Glen  
Erin Winery.

Sunday the 25th of November  
Rotary Car Show  
Clarke Oval Sunbury.



## Pics from last Meeting

